

THE FOURTH WEEK OF LENT | TUESDAY



seeking:
Who sinned?

**Connecting sin
with disease
was something
the disciples
had to unlearn
(John 9). What
are you trying
to unlearn?**



prayer

God, I have stereotypes to unlearn. I have negative self-talk to unlearn. I have to unlearn the societal message that my worth comes from my productivity. There are so many messages floating around in my head that do not come from you. Unravel those messages, and pull me back toward your embrace. Amen.