

THE FIFTH WEEK OF LENT | FRIDAY



**seeking:**  
*Can these  
bones live?*

**What  
makes  
you  
weary?**



**prayer**

God, is there truth embedded in my weariness? Is there something for me to learn from the exhaustion that knows my name? Show me how to be gentle with myself. Show me how to sift through my weariness, and how to lift my eyes when the yoke is heavy, so that I can find you in my midst. Amen.