

THE SECOND WEEK OF LENT | THURSDAY



seeking:

*How do we
begin again?*

**What
prevents
you from
starting over
or beginning
again?**



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prayer

Holy God, whenever I think about beginning again there is a fear that climbs up on top of my chest and hunkers down. It is scary to think about trying new things, starting over, going in a new direction. Remove the weight from my chest and help me see that beginning again does not *have* to be a scary thing. It can be a joyful, hopeful thing. It can feel like resurrection. And when I say to myself that there are no new beginnings in my life, remind me that I am wrong. You start each day anew. Every day is a chance to begin again. Amen.